



Shadow-Marine COVID-19 Declaration

PLEASE READ THIS FULLY BEFORE SIGNING. ALL PARTIES ARE REQUIRED TO COMPLETE AND SIGN PRIOR TO ARRIVAL.

If any of the following apply to you within the last two weeks, please **DO NOT** travel to Anstruther. You must stay at home and self-isolate as per the government guidelines.

In the last 14 days have you...

	YES	NO
Tested positive for coronavirus?		
Experienced any symptoms associated with coronavirus such as high temperature, persistent cough, diarrhoea or loss of taste or smell?		
Been in direct contact with anyone who has tested positive for coronavirus?		
Been in an area, busy or otherwise, that has been deemed as high risk for infection by a recognised health or regulatory authority?		

Tick to signify agreement with the following statements:

I will supply my own face covering and hand gel and use these as requested by the skipper.	
I will remain outside and only access the wheelhouse section of the vessel to use the toilet	
I will bring my own personal belongings and keep them in a bag which is to be stored near my diving equipment.	
I will wear a face covering when it not possible to maintain a 2m distance from others on the vessel.	
My buddy checks will be done while maintaining social distancing unless from the same household.	
Regulator checks will be done using the purge button, not in my mouth.	
I will not spit in my mask whilst on board. I will either use my own bottled water, antifogging liquid or wait until I am in the water.	
I will remain seated in the position designated to me by the skipper and will follow direct instruction for movement around the vessel.	
I must provide my own food and drinks whilst on the vessel.	
I must be self-sufficient and fully able to kit up and de-kit by myself (unless my buddy is from the same household) If I require assistance both myself and the helping party MUST wear a face mask or have their regulator in their mouth.	
I AM FIT TO DIVE	

If you have been symptomatic or hospitalised with respiratory and/or cardiac problems in relation to COVID-19 you MUST provide proof that a fit-to dive examination has been conducted by a diving medical specialist.

I have answered the above to the best of my knowledge

FULL NAME _____ DATE _____

SIGNATURE _____

EMERGENCY CONTACT NAME _____

EMERGENCY CONTACT NO _____